community CTIONS

with Utah's Deaf and Hard of Hearing

News, classes and events • June 2017



Division of Services for the Deaf and Hard of Hearing (DSDHH)

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SAVE THE DATE!

Fall Bazaar 2017 November 3-4, 2017



Booth registration opens July 2017

Salt Lake, Central and Northern Utah Classes and Events

Sanderson Center for the Deaf and Hard of Hearing 5709 South 1500 West, Taylorsville 801-657-5200 (VP) 801-263-4860 (voice) usor.utah.gov/dhh

<u>Click here</u> to view all event flyers

\$ = Cost

□ □ = Registration Details

Community Events

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

ASL's 200th Birthday Celebration

Saturday, June 3, 2017 10:00 a.m. – 2:00 p.m.

This event commemorates American Sign Language's 200th birthday, which originated in 1817 in Hartford, Connecticut. Activities include ASL skits, crafts, bounce houses, face painting, a balloon artist, table vendors, Deaf culture, Deaf history, and informational booths. You don't need to know ASL to attend. Come learn more about this wonderful language. Open to everyone of all ages. Special guest, Brek Bolton, the signing TV weatherman from FOX13, will also be here! The event will be conducted in American Sign Language with voice interpreters. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.



\$ Free

□ □ Please register by June 1 at <u>www.usor.utah.gov/dhh/registration</u>

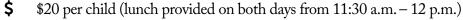
Lance Allred Basketball Clinic (ages 8-19)

August 7-8, 2017 Ages 8-13: 9:30 a.m. – 12:00 p.m. Ages 14-19: 11:30 a.m. – 2:00 p.m.



Learn about the game of basketball both on and off the court with Lance Allred, the first Deaf NBA player who has played professional basketball all over the world. As part of the clinic, Lance will share life lessons learned in his career about work ethic, positive thinking, accountability and teamwork.

This clinic is for deaf, hard of hearing children and their siblings. CODAs are welcomed. Snacks and drinks will be provided each day. Clinic will be in ASL (interpreters provided) and spoken English. For more information, contact Joene Nicolaisen at jfnicolaisen@utah.gov or call 801-657-5218.



Limited to 25 spots per age group. Register by July 28 at www.usor.utah.gov/dhh/registration

SAVE THE DATE! SANDERSON CENTER'S 25TH ANNIVERSARY

Sanderson Community Center's 25th Anniversary: Blast from the Past September 8, 2017 5:30 p.m. – 10:00 p.m.

Save the date for the 25th anniversary of the Sanderson Community Center in September! The event will have entertainment, kids activities, dinner, and a photo booth. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

\$ Free

Dens in July at www.usor.utah.gov/dhh/registration



Community Education

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

Conceptually Accurate Signed English (CASE) Class (Kearns)

Wednesdays, May 17 – July 12

9:30 - 11:00 a.m.

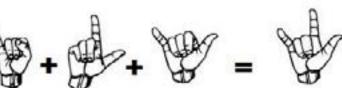
Location: Kearns Senior Center, 4851 West 4715 South, Kearns

Learn basic sign language and build brain power! "1,000 Signs of Life" book is required. This is a slow paced CASE class that covers:

- Alphabet and numbers
- Animals
- People
- Questions
- Colors
- Holidays and religion
- Places and locations
- Home and community
- Thoughts and emotions
- Time, seasons and weather
- Action words
- **\$** Free

Register with Lisa Schofield at LCSchofield@slco.org or 385-468-3100





Creative Sewing Class

Saturday, June 3, 2017 9:00 a.m. – 4:00 p.m.

In this class, we will teach how to make a double oven mitt and hot holder pad. You can also bring an unfinished project and an instructor will help finish your project. Bring your own sewing machine and supplies. We'll let you know what supplies to bring after you register. If you need a sewing machine, please request it during registration. This class will be taught in ASL



\$ Free (bring your own lunch)

□ □ Only 15 spots open. Priority is given to deaf and hard of hearing individuals. Registration required at www.usor.utah.gov/dhh/registration

Dutch Oven Cooking (Ages 18+)

Tuesday, June 13, 2017 6:00-9:00 p.m.



Want to break out the Dutch Oven on your next camping trip? Come see how easy it is to prepare delicious meals around the campfire using cast iron cookware. Dan Tomkinson, an expert in Dutch Oven cooking, will share tasty benefits and recipes!

Taught in American Sign Language. Priority is given to Deaf and Hard of Hearing adults. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

\$ Free

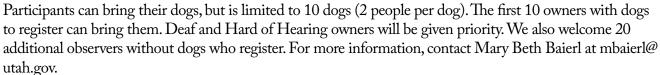
□ □ Limited to 15 spots. Register by June 12 at <u>www.usor.utah.gov/dhh/registration</u>

Dog Training and Behavior Workshop

Wednesday, June 28, 2017 6:00-8:00 p.m.

Join us for this two-hour dog training and behavior workshop taught by professional dog trainer, Skye M. Poitras. Workshop topics:

- Science behind how your dogs think and why have certain behaviors
- Learn gentle ways to train your dog for more positive behaviors and to learn behaviors
- Try fun tricks and games you can do with your dog



\$ Free

Register by June 26 at <u>www.usor.utah.gov/dhh/registration</u>



American Sign Language Class (Ages 7+)

Wednesdays, July 12 – August 16 6:30 – 8:00 p.m.



This class is for beginner ASL students and covers basic vocabulary at a fairly slow pace. "Signing: How to Speak with Your Hands" by Elaine Costello is required. It can be found at the UAD Bookstore for \$20 or on Amazon.com.

- **\$** Free
- Limited to students. Register by July 10 at www.usor.utah.gov/dhh/registration

Circle of Friends

Circle of Friends is a recreational and social program developed for adults with multiple disabilities and some degree of hearing loss. Support activities are designed to create friendships, prevent isolation, and promote independence to enhance the quality of life.

Little Cottonwood Canyon Picnic (for Circle of Friends)

Saturday, June 17, 2017

Join us for a fun day in the mountains with a picnic lunch provided. We will meet at the Sanderson Community Center at 9:30 a.m. to ride together to Little Cottonwood Canyon.

- **\$** Free
- Register by June 14 with Rosa Maria Rathbun at at 801-590-4888 (vp) or rosavball@gmail.com



National Ability Center Camp (for Circle of Friends)

August 17-19, 2017

This two-day camp at National Ability Center will feature fun activities such as water sports, biking, swimming, archery, etc. This also includes overnight accommodation at the lodge.

- **\$** \$75/person
- Register by July 10 with Mary Beth Baierl at 801-657-5205 (vp) or mbaierl@utah.gov



Seniors 55+

The 55+ Senior Program is designed to reduce isolation and promote independence to enhance the quality of life for deaf and hard of hearing individuals.

Natural History Museum of Utah - Vikings Exhibit

Friday, June 16, 2017 11:00 a.m. – 4:30 p.m.

The Vikings exhibition will feature more than 500 artifacts—some never before seen outside Scandinavia—including jewelry, funeral urns,



weapons, game pieces, clothing, and even a piece of 1,000-year-old Viking bread. These recent archaeological discoveries have shed new light on the Viking Age, dispelling long-held stereotypes about its people, traditions, and influence.

Schedule:

11:00 a.m. Meet at the Sanderson Center if you need a ride 11:30 a.m. – 1:30 p.m. Lunch at the Cowboy Grub (bring money) Vikings Tour at the Natural History Museum 4:00 p.m. Return to the Sanderson Center by 4:30 p.m.

Free admission for first 20 who register (bring money for lunch)

Register by June 14 at www.usor.utah.gov/dhh/registration

Living with Hearing Loss Program

Learn to Read Lips (Riverdale)

Thursdays, May 25 – July 20

10:00 – 11:30 a.m.

Location: Riverdale Senior Center, 4433 South 900 West, Riverdale

This class supplements what you hear, with or without hearing aids, and helps improve understanding of conversation. Priority is given to people who are hard of hearing.



\$ Free

Limited to 10 spots. To register, contact Diane Fenn at 435-854-3676 or dfenn@utah.gov

Tinnitus Class (Ogden)

Thursdays, May 25 – July 20

10:00 - 11:30 a.m.

Location: Three Link Tower, 2427 Jefferson Ave, Ogden



Learn more about the ringing in your ears with our free four-week class. Learn the causes of tinnitus, type of hearing loss and various diseases. Also learn about adjustment skills and treatments.

\$ Free

□□ Limited to 10 spots. To register, contact Diane Fenn at 435-854-3676 or dfenn@utah.gov

Living with Hearing Loss (West Jordan)

Mondays, June 5 – July 10 9:30 – 11 a.m.

Location: West Jordan Senior Center, 8025 South 2200 West, West Jordan





Join us for a 6-week educational class to reduce those communication breakdowns. Spouses and friends are encouraged to attend. Sue Ordonez, Hard of Hearing Assistant for the Division of Services for the Deaf and Hard of Hearing will teach the class. Topics covered:

- Understand your hearing loss
- Make changes in communication
- Reduce communication breakdowns
- Learn adjustment strategies
- Learn about assistive listening devices available
- Improve relationships

\$ Free

□ □ To register, contact Sheryl Miller, 385-468-3398 or SLMiller@slco.org

Navigating a World That Assumes You Can Hear

Tuesday, June 27, 2017 2:00 – 4:00 p.m.

Does hearing loss have you isolated? Do you need help communicating in environmentally challenging situations? This interactive workshop is for you. Michele Linder, from Northern Minnesota, shares techniques for navigating the hearing world. Learn to take control in order to overcome fear and anxiety. We will actively work on solutions and learn new coping strategies to increase your self-sufficiency and confidence. Come prepared to outline difficult situations from your own life and brainstorm with others to find solutions. Assistive listening devices and captioning will be available.



About Michele Linder:

Michele Linder grew up with bilateral, progressive hearing loss and is currently at the profound level, using the many skills—lipreading, anticipatory, and cognitive—she learned on her own as a child. Even without technology or sign language to help her hear, Michele is successful at communication and chooses not to let hearing loss take more from her than necessary. She currently serves on the SayWhatClub board as Treasurer. She is also a consumer captioning advocate online and in her northern Minnesota community. She travels extensively (often solo), kayaks, enjoys photography and nature.

\$ Free

Register at <u>www.usor.utah.gov/dhh/registration</u> or call 801-657-5200

Salt Lake, Central and Northern Utah

June 2017 Calendar 😇



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	Sewing Potpourri ASL 200 th Celebration
4	5	6	Senior Citizens Speechreading Class	8	9	10
11	12	13 Dutch Oven Cooking Class	14 Senior Citizens Speechreading Class	15	16 Senior 55+ Field Trip to Natural History Museum	17 Circle of Friends
18	19	20	21 Senior Citizens Advisory Council ASL Social Speechreading Class	22	23	24
		Wizard A	Academy Summer	Day Camp		
25	26	27	28 Senior Citizens Dog Training Speechreading Class	29	30	

Southern Utah Classes and Events

Southern Utah Deaf and Hard of Hearing Program 1067 E. Tabernacle, Suite 10, St. George 435-216-9305 (VP) 435-652-2453 (voice) SUDHHP@utah.gov usor.utah.gov/dhh/sup Register online at usor.utah.gov/dhh/registration

Click here to view all event flyers

\$ = Cost

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Community Events

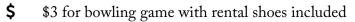
All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

Family Bowling Night

Friday, June 2, 2017 6:00-8:00 p.m.

Location: Fiesta Fun Family Fun Center, 171 E. 1160 S., St. George

Join us for a night bowling and fun with your family at the Fiesta Fun Family Fun Center. You will pay the \$3 fee at the event. For more information, contact Diego Acosta at dacosta@utah.gov.





ASL Craft Social: Cooking

Thursday, June 22, 2017 3:00 – 5:00 p.m.

Location: RRCI, 168 North 100 East, Ste. 101, St. George

This Thursday cooking class will feature summer salads and stuffed tomatoes. This will be held at Red Rock Center for Independence (RRCI). For more information, contact Diego Acosta at 435-767-0113 or dacosta@utah.gov.

\$ Free

□□ Limited to 20 spots. Register by June 19 at www.usor.utah.gov/dhh/registration-south



Community Education

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

ASL & Games (St. George & Cedar City)

Tuesdays & Wednesdays, June 6-28 5:30 – 7 p.m.

American Sign Language classes and games will begin in June with two weekly options available on Tuesdays or Wednesdays.

\$ Free

□ □ To register, contact Erin Kelly at ekelly@utah.gov or 435-215-4029



Sewing Class

Wednesday, June 7, 2017 10:00 a.m. – 1:00 p.m.

Our experienced instructor, Bonnie Christensen, will teach this sewing class. This class is free and for anyone who has a desire to learn how to sew and communicate through American Sign Language.

\$ Free

Register at www.usor.utah.gov/dhh/registration-south



Sego Lily's Bingo

Wednesday, June 14, 2017 11:00 a.m. – 1:00 p.m.

Sego Lily will provide education about abuse and how to stay safe through a game of Bingo. This is in partnership of the monthly Seniors 45+ social.

\$ Free

□ □ To register, contact Erin Kelly at erin@slcad.org or 435-216-9618



Living with Hearing Loss Program

Lipreading Class

Monday, June 5 1:00 p.m. – 2:00 p.m.



Learn techniques for lip reading in this class. This will help reduce personal frustration during conversations and help improve your comprehension when dealing with disruptive environmental noise. For more information, contact Bethany Moreland at 435-652-2453 or at bmoreland@utah.gov.

\$ Free

Register online at www.usor.utah.gov/dhh/registration-south

Summer Lip Reading Class (Cedar City)

Dates TBD based on interest

Peggy Thomson will teach techniques for lip reading:

- How to catch words you're missing in conversations and alleviate embarrassing moments
- Teaching family members and friends how to converse with a person who is hard of hearing



\$ Free

□□ Contact Peggy Thomson at 435-652-2453 or pgarrison@utah.gov.

Southern Utah

June 2017 Calendar 💳



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	Bowling Night	3
4	5 Lip Reading	6 ASL	7 Classes	8	9	10
11	12	13	14 Sego Lily- Bingo/Senior Games Classes	15	16	17
18	19	20 ASL	21 Classes	22	23	24
25	26	27	28 Classes	29	30	

ROBERT G SANDERSON COMMUNITY CENTER OF THE DEAF AND HARD OF HEARING • 5709 S. 1500 W. • TAYLORSVILLE, UT 84123-5217

SOUTHERN UTAH DEAF AND HARD OF HEARING PROGRAM 1067 E. TABERNACLE, SUITE 10, ST. GEORGE, UTAH 84770

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The Division of Services for the Deaf and Hard of Hearing (DSDHH) is committed to providing access and reasonable accommodations in accordance with the Americans with Disabilities Act (ADA) in its services, programs, activities, education and employment for individuals with disabilities. For more information and to request accommodations, contact: 1-801-657-5200.

Equal Opportunity Employer

DSDHH is a part of the Department and Workforce Services, Utah State Office of Rehabilitation.









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